

# 'The Bowmen News'

The Newsletter of the Fort Collins Archery Association

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## Upcoming events 2010

	<b>Membership</b> (\$30 + \$5yrl pass)
<b>June 18-20</b>	<b>FCAA Jamboree (Members Only)</b>
<b>July 10<sup>rd</sup></b>	<b>Archery Day (Free to all) (Day Pass Req'd)</b>
July 24 <sup>th</sup>	Work day
August 7 <sup>th</sup>	Work day
August 18 <sup>th</sup>	End of Wednesday Leagues
HUNTING SEASON	Aug.28 <sup>th</sup> Sept 26 <sup>th</sup>
October 2	Last Range workday

## 2010 FCAA Board of Directors

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<b>League Directors:</b>	Troy Tafoya troyt@pds-co.com	Ken Yoder Tom Kelley
	Steve Wixson	Jay Baird
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## A Message from our Club President

Archery season is well under way, and the first 4-week session concluded May 26 with an average of 67 shooters per week. Wednesday night 3D League continues through August 18, and will become progressively more challenging. The final 4 weeks may have some compound shooting distances to 50 yards or so, helping everyone hone their skill for hunting season. With league practice every week, everyone should be able to accurately estimate distances within their shooting range by the end of August. The range director calendar is complete for the remainder of the season, so show your support by picking a week to help them set up the course. Setup begins at 5:00 p.m. If you are not available to help set up, your help picking up after the shoot is always appreciated.

FCAA membership is up by over 60% compared to the end of May last year. At this rate we should exceed 300 family memberships by year end. Welcome, new members! We hope you enjoy the 3D shoots, and also find somewhere to become engaged. We encourage you to find a service interest in the club, and pitch in when the opportunity arises. Events needing volunteers include the Annual Archery Day (July 10), and Poudre Rendezvous Skills Day, Sept 11. Sign up at the registration table on Wednesday night, or talk with me after a shoot about these events.

Archery Day and the Rendezvous Skills Day are opportunities to perpetuate our sport by teaching others how to shoot a bow. This year marks the fifth year that we have invited the public out to learn about archery. Rendezvous Skills Day is a youth program through CDOW that has asked for our help. Their event on 9-11 was scheduled the first weekend the scout's facility was available to them, but falls right in the middle of archery elk season. If you are not hunting that weekend, please consider helping teach youth archery.

The city's range fee has compounded the work for Membership Director, Marci Riddle, and required more work at the registration table, but it is definitely helping to keep the range operating. City Parks & Recreation reports

that satisfactory revenue is coming in from daily use fees at the kiosk, and some annual passes have been sold directly from Parks & Rec. The city does however refer most annual pass customers to the club for membership. If you will gently remind any shooters you see who are not getting a pass, that the parking funds are used to purchase materials, the range will become self-sustaining. When I met with the city in early May, the feedback was quite positive. Periodic traffic counts have helped the city to appreciate how many people actually use the range, and revenue streams appear to be sufficient to cover the cost of material for the range next year.

I'll see you on the range!

*Michel*

## Repeat Article

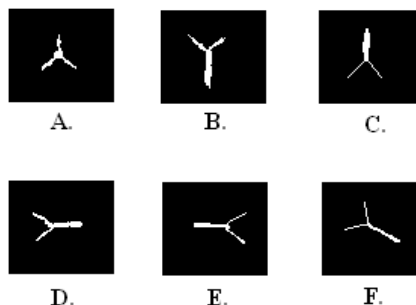
A few months back I ran this article because several folks either approached me about buying a bow and what to look for when buying or is was second hand requests that were from a friend of a friend. In either case I felt that this was important enough to do a reprint of this article.

## Buying a Compound Bow

Well it's about that time of the year when most of the bow hunters start to get back in shape and look over their equipment to get it fine tuned or to now update or upgrade their 2 or 3 year old bows to a newer one. Well for most of us, this is the prime opportunity to purchase a bow and get a newer one. So just what do you look for when you go out to shop for a new or newer bow? Here are a few tips to get you started. First, try to get the opportunity to shoot the different types of bows. What I mean is just that. Shoot the recurve, longbow, and compounds. If you decide to stay with the compound, decide on what type of 'cam' system is best for your shooting. Then there is the type of limb and its construction. The brace height of the bow. How much vibration do you really want to put up with is another question you should ask. What about the position of the grip within the riser. Another question is the axle to axle measurement. Here is one to really think about. What about changing your string in the field? Yes ! there are bows that are designed so the owner can change the string in the field if needed. Another question that comes to mind is the actual physical weight of the bow. Do you want it lighter or slightly heavy? A question that most hunters don't find out until they are in the field and face a cross wind.

Taking a bow off the pegs in the pro shop or sporting goods store without shooting it is foolish. Most will not even attempt to do that. However, I have known some that will buy a bow in a garage sale or pawn shop just because the look or price is within the budget. Don't be fooled. I'm not saying that there aren't good deals out there, I'm just saying that 'buyer beware'. Know what you want before you buy and do your due diligence to determine what is right for you. If you wish to have more information regarding this topic, contact me. [Newslettereditor@ftcollinsarchery.com](mailto:Newslettereditor@ftcollinsarchery.com)

I hope most of you have a productive harvest this year. I'd like to offer you the opportunity to share your story with us. If you'd like to send your story or meet with me so I can capture your story, I'd like to post it in our news letter. Just drop me a line and we can arrange to get together.



*(The above illustration is based on a 'right-handed' archer)*

The second element is „Proper Paper Tuning“.. Much to say on this topic; but the short of it some think that it is almost impossible to get a „bullet hole“ because of the flex the arrow goes thru after the shot. Truth be told, if your bow is not shooting anything close to a bullet hole then you will most definitely experience inconsistent flight with your broadheads. When you do a paper test and it is not close to a „bullet hole“ then here are some very easy steps to correct it.

**A.** If your bow is in tune this is what you will see, the arrow shaft centered around the fletching.

**B.** Move your arrow nocking point down or your rest up.

**C.** Move your arrow nock up or your rest down.

**D.** Move your arrow rest out, away from the bow. If this does not correct the problem try backing the weight of your bow off, choose a stronger (stiffer) arrow, or decrease your point weight.

**E.** Move your rest towards your bow. If this does not correct the problem try increasing your draw weight, go to a less stiff arrow or increase your point weight.

**F.** You may have a combination of more than one problem resulting in many different paper "prints". Work on the two problems separately and make small changes.

## Tip of the Month:

If you have any tips, you would like to share, please send them to me.

[newslettereditor@ftcollinsarchery.com](mailto:newslettereditor@ftcollinsarchery.com)

Archers who use a 'trigger' release should know that the same technique you shoot a gun is the same within archery. As you are aiming and holding, you pull, pull, pull....surprise!!!. The only difference is that you don't just move your 'trigger finger'; you move your whole arm. Think about it!

## Some outdoor Tips:

Here's some tips that will help from getting the bite of a mosquito. While doing some research on bees, I discovered that bees are attracted to dark colors, or should I say will feel threatened. As with mosquitoes, so it is the same. When out in the field or just around for a hike or camping trip. The following tips are bound to aide in the manageability of the most pesky type of insect..Mosquitoes.

I found this at:

<http://curbly.com/diy-maven/posts/1930-top-10-ways-to-repel-mosquitoes-low-tech-style#jump>

### Grow the right plants.

Plants such as horsemint, rosemary, marigolds, ageratum, agastache cana, and catnip are said to have odorous attributes that mosquitoes detest. Simply crush the leaves to release their scent, or rub them on your skin and clothing for the most protection.

### Burn a bit of the herb.

(Not *that* herb.) The next time you barbeque, throw some sage or rosemary on the coals to repel mosquitoes.

Save your parsley.

You can make your own mosquito repellent by putting crushed parsley in a jar of apple cider vinegar. Rub the concoction on your skin or dip a handkerchief in it, which you can tie around your neck or hat band.

### Keep it light.

When considering your attire for outdoor activities, think white and light as mosquitoes are attracted to dark colors.

### Keep it breezy.

Mosquitoes don't like strong wind currents; sitting next to a fan will keep the little pests away.

**Go fluorescent.** Mosquitoes are attracted to incandescent lights. For outdoor lighting, considering installing fluorescent lights, which don't attract or repel mosquitoes.

### And the #1 way to repel mosquitoes the low tech way....

Eat more garlic. When you eat garlic, especially large quantities of it, an invisible layer of garlic oil seeps from your pores and creates a mosquito barrier. If you don't like the thought of eating more garlic, you can also use garlic juice to make a natural repellent. According to

[hometownannapolis.com](http://hometownannapolis.com), 'Mix one part garlic juice with 5 parts water in a small spray bottle. Shake well before using.

Spray lightly on exposed body parts for an effective repellent lasting up to 5 to 6 hours.' And if you don't like the idea of reeking of garlic, you can dip strips of cotton cloth into the malodorous mixture which you can then hang in strategic areas such as patios, decks and such as a local deterrent.

### Mosquito Facts:

Only female mosquitoes bite. Male mosquitoes feed primarily on flower nectar, whereas female mosquitoes require a blood meal to produce eggs. They usually feed every 3 to 4 days; in a single feeding, a female mosquito typically consumes more than its own weight in blood. Certain species of mosquitoes prefer to feed at twilight or nighttime; others bite mostly during the day.

**Chemical sensors** - mosquitoes can sense carbon dioxide and lactic acid up to 100 feet (36 meters) away. Mammals and birds gives off these gases as part of their normal breathing. Certain chemicals in sweat also seem to attract mosquitoes (people who don't sweat much don't get nearly as many mosquito bites).

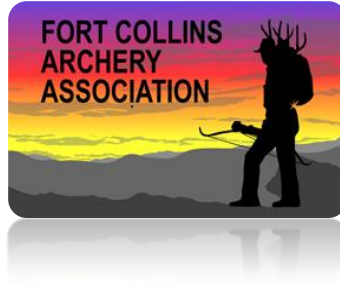
**Heat sensors** - Mosquitoes can detect heat, so they can find warm-blooded mammals and birds very easily once they get close enough.

### UPCOMING NEWS:

Don't forget that we have the 'Jack's Gulch' on the weekend of the 11<sup>th</sup>- 13<sup>th</sup>.

We are also in need of volunteers for the FCAA Archery Day coming up in July. If you are available and would like to help us out, please either send an email to [newslettereditor@ftcollinsarchery.com](mailto:newslettereditor@ftcollinsarchery.com) or call one of the board members or if you could come to the July board meeting on the first Tuesday of July. We can get you assigned. Please consider helping.

**One more item:** As many of you know, at times there has been a donation box for the Marine unit that my son is part of which is in Afghanistan. A few weeks ago, many of you signed a card to his unit. He received the card and mentioned in a conversation to me just recently that the unit was surprised to get this. It meant a lot to these young men that folks back here are thinking of them and truly care. I wanted to pass this on to all of you who signed that large card. We will be doing that again as it gets close to the end of the Wednesday Leagues.



### **The Fort Collins Archery Association**

- **We are a group of people united by an interest in archery.**
- **Our membership includes both active bow-hunters and target archers who have never hunted.**
- **We maintain *for the public* the Fort Collins outdoor archery range on land owned by the City of Fort Collins Parks and Recreation Department.**
- **We work with local organizations and businesses to provide support for youth archery programs, sponsor benefit shoots and host competitions.**

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